

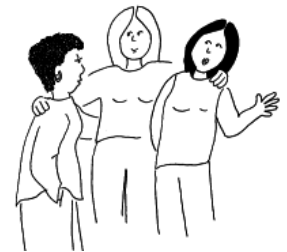
## Person Centred Planning Jenny's Story

Jenny lived with her landlady for 4 years. "I liked living there but wanted to be more independent and live like other people would".



To begin with "I had a few problems, people kept talking for me and they didn't think I would cope".

Through having a plan and with the support of "friends, family, staff and the [Bournemouth Forum](#)" Jenny overcame this problem and was able to get the flat and home she wanted.



"I'm glad I've moved into my flat, it's made me more confident. I've also made new friends and it has given me a better quality of life".

"It's shown me what I can do!"

