



*We are people with learning difficulties, supporting each other to speak up and lead change.*

# Being a Trustee.

## What is a trustee?

There is a small group of people who **meet** to talk about Dorset People First, make **decisions** about how it is run, and take **responsibility** for running the charity properly. This group of people are called **trustees**.

Some of our trustees have **learning difficulties**, and some don't. This balance is important for our charity.










## Can I be a trustee?

- You must be over 18.
- You must be able to understand what your responsibilities are.
- You must be able to come to meetings.
- You must pass a Criminal Records Bureau Check.

If you need help to do these things, you could choose someone to support you.

## What do trustees have to do?

<p>Learn about the work Dorset People First does</p> <p>Get to know the staff, and the work that they do</p>	 The logo for Dorset People First is circular with a blue border. Inside, there is a green tree, a rainbow, and a blue wave. The text "Dorset People First" is written around the inner edge of the circle.
<p>Make sure Dorset People First spends its money properly and legally</p>	 A close-up image of a hand holding a stack of banknotes, with a small amount of coins visible in the background.
<p>Learn more about what it means to be a trustee.</p> <p>Learn about Dorset People First's Constitution.</p>	 A woman in a dark blazer is holding several books or documents, looking at them.
<p>Work as a team with the other trustees.</p>	 A group of people are sitting around a table in a meeting room, looking at a laptop screen.
<p>Make decisions</p>	 An illustration of two people talking, with a thought bubble above them containing a question mark, symbolizing decision-making.
<p>Help with the Annual Report and Annual General Meeting each year</p>	 A woman in a red shirt is looking down at a document or book she is holding.
<p>Help with "fundraising" – finding money for Dorset People First</p>	 A close-up image of a hand holding a stack of banknotes, with another hand visible in the background.

## Here are some skills that will be very useful if you became a trustee;

- Good “people skills”.
- Communication skills.
- Experience of being a trustee or being on a committee.
- Knowledge and experience of Learning Disability Services.
- An interest in the things that are important to people with learning difficulties.
- Financial (Money) Skills (**Treasurer**)
- Writing and organising skills (**Secretary**)
- Able to lead a group (**Chair**)



### What's in it for me?

You will learn new skills.

You will meet new people.

You will be helping people with learning difficulties in Dorset to speak up for themselves and to have better lives.

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**If you would like to be a trustee, please contact us! 01305 257600**

